



Oregon CALM (Counseling on Access to Lethal Means)

An Oregon-adapted curriculum of the national CALM course. **OCALM** was developed to assist health care and direct service providers in approaching Lethal Means Counseling with an informed, collaborative, and respectful attitude. This training is provided by AOCMHP with funding from the Oregon Health Authority.

After completing this course, providers will

- Know why means matter, as evidenced by data.
- Know effective ways to address lethal means with firearms owners.
- Have increased confidence in conducting lethal means counseling related to firearms, medications, and other means.

Approved for NASW & MHACBO CEs

Oregon Community CALM Conversations on Lethal Means

A 2-hour workshop designed to help family, friends, and community members have life-saving conversations with individuals who may be thinking of suicide or during times of crisis.

Anyone 18 years or older can learn these community helper skills that have an added focus on reducing access to lethal means, especially firearms and medications; however, Oregon Community CALM is neither anti-gun nor anti-medication.

What participants will learn:

- When to act to support loved ones
- Creative solutions for reducing access to lethal means

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What you'll learn:

When to act to support loved ones

Creative solutions for reducing access to lethal means